

# ENERGY SAVING TIPS FOR YOUR APARTMENT HOME



## LIGHTING

- Keep your curtains or shades open to use daylight instead of turning on lights. For more privacy, use light-colored, loose-weave curtains to allow daylight into the room.
- Use timers to turn off lights when you're away from home.
- The following types of light bulbs are more energy efficient than the traditional incandescent light bulb:
  - **Energy-saving/halogen incandescent bulbs** are 25% more efficient and last three times longer.
  - **CFL bulbs** use about 75% less energy and last up to 10 times longer. These bulbs contain a small amount of mercury and should be handled carefully if broken, and recycled at the end of their lifespan.
  - **LED bulbs** use about 75% less energy and last up to 25 times longer.
- Please contact your building manager in the event you have a lightbulb that needs replacing. Management will replace your old LED light bulbs with new LED bulbs.



## KITCHEN APPLIANCES

- Your apartment is equipped with an ENERGY STAR® dishwasher and refrigerator.
- Use your dishwasher efficiently, as it uses the same amount of energy whether full or mostly empty when a cycle is run.
- Let your dishes air dry; if you don't have an automatic air-dry switch, turn off the control knob after the final rinse and prop the door open slightly so the dishes will dry faster.
- Don't keep your refrigerator or freezer too cold. Recommended temperatures are 37°-40° F for the fresh food compartment and 5° F for the freezer section.
- Cover liquids and wrap foods stored in the refrigerator. Uncovered foods release moisture and make the compressor work harder.



## HOME ELECTRONICS

- ENERGY STAR®-labeled office equipment is widely available.
- Using an ENERGY STAR® computer can save 30%-65% energy.
- Laptops consume less energy than desktop computers.
- Screen savers on your computers do not reduce energy in the way a sleeping or turned-off computer can.
- Turning off electronics when not in use, or plugging AC adapters into power strips that can be turned off, can result in significant energy savings.
- Use rechargeable batteries, as they are more cost effective than disposable batteries.



## THERMOSTAT

- Your apartment is equipped with a programmable thermostat. We recommend you watch this ENERGY STAR® podcast on thermostat operation: [www.energystar.gov/index.cfm?c=products.pr\\_podcasts](http://www.energystar.gov/index.cfm?c=products.pr_podcasts).
- When you are home and awake, set your thermostat as low as is comfortable. When you are at work or out of the house, turn your thermostat back 10°-15°.

**For further information and tips on how to conserve energy in your apartment home, please visit:**

**ENERGY STAR®:** [www.energystar.gov/index.cfm?c=products.es\\_at\\_home\\_tips\\_renters10](http://www.energystar.gov/index.cfm?c=products.es_at_home_tips_renters10)

**U.S. Department of Energy:** [www.energy.gov/energysaver/articles/tips-renters-and-property-owners](http://www.energy.gov/energysaver/articles/tips-renters-and-property-owners)

**conEdison:** <http://www.coned.com/energyefficiency/>